



**Alberta Health
Services**



**Build Positive Relationships
Share POWER**

Treat me with respect and give me a say

- Take me seriously and treat me fairly.
- Involve me in decisions that affect me
- Work with me to solve problems and reach goals
- Create opportunities for me to be a leader

MORE RESOURCES

<http://keepconnected.searchinstitute.org/strengthen-your-family-relationships/>

**Happy
Holidays!**