

Physical Education Participation Rubric

Score	Description
<p style="text-align: center;">5 Excellent</p>	<ul style="list-style-type: none"> • Student demonstrates positive leadership in all activities. • Student participates respectfully & enthusiastically. • Student always cooperates, volunteers often & helps others. • Superior listening skills & understanding of rules, skills & strategy of sport. • Student is always prepared & on time for class. • Hustles & gives 100% best effort all the time.
<p style="text-align: center;">4 Good</p>	<ul style="list-style-type: none"> • Student participates in all activities consistently with a respectful & positive attitude. • Often enthusiastic & usually sportsmanlike. • Student listens without interrupting, volunteers sometimes & is cooperative. • Good level of understanding of rules, skills & strategy of sport. • Student is always prepared & on time for class.
<p style="text-align: center;">3 Okay – “Not Bad”</p>	<ul style="list-style-type: none"> • Student participates respectfully at a satisfactory level (“OKAY”) in activities that interest them. • Student exerts a good effort if with friends, if winning, if good at activity....“IFFY Effort”. • Student is usually prepared & on time for class. • Sportsmanlike when being supervised. • Listens to instruction & has basic knowledge of sport.
<p style="text-align: center;">2 Minimal – “Poor Effort”/“Below Average”</p>	<ul style="list-style-type: none"> • Student needs motivation & supervision to participate. • Student is usually unprepared and/or often late for class. • Just trying to survive PE class – going through the motions – minimal effort. (No sweat ever.) • Lots of excuses & contributes very little to class environment. • Some knowledge of sport.
<p style="text-align: center;">1 Non-Existent - Limited</p>	<ul style="list-style-type: none"> • Student’s participation is minimal. • Student displays poor listening skills & often interferes with other’s learning. • Student is usually late, absent &/or unprepared. • Off-task, whines, argues, complains, lots of excuses & has an overall negative attitude. • Very little knowledge of sport.
<p style="text-align: center;">0</p>	<ul style="list-style-type: none"> • Student has been removed from the class for unacceptable behavior.