



St. Francis of Assisi Middle School

Dear Parent/Guardians;

In order to pursue active living, St. Francis of Assisi Middle School is proud to continue to include a Ski/Snowboard Club to the long list of extracurricular activities. The club intends to provide the students with five (5) skiing/snowboarding nights January to March, 2020. There is also the possibility of a day trip to the mountains for a fun ski day to be held sometime in March (TBA) for ski club participants only.

The St. Francis of Assisi Ski Club will depart from St. Francis to Canyon Ski Area at 4:00 p.m. Transportation will be provided to the ski hill only. We do require a parent or two to volunteer to transport ski/snowboard equipment to the hill only. Transportation does not allow equipment on their busses. Parents/guardians are responsible for picking up their children at Canyon **no later than 8:30 p.m.** The ski dates are as follows:

Wednesday January 15, 2020

Wednesday January 29, 2020

Wednesday February 12, 2020

Wednesday February 26, 2020

Wednesday March 4, 2020

Following is a breakdown of the different packages available:

Option A...\$145.00

(Lift ticket + mandatory lesson + bus transportation to Canyon)

Option B.... \$265.00

(Lift ticket+ ski/snowboard, boot and helmet rental + mandatory lesson + bus transportation to Canyon)

Option C..... \$85.00

(Bus transportation to Canyon for the five ski nights + mandatory lesson)

(This option is available for students who are season ticket holders at Canyon and who own their own equipment)

If you wish your daughter or son to take part in this club simply fill out both of the consent forms below, attach a cheque (made to Red Deer Catholic Regional Schools# #39) or payable by debit or credit in the office, for the proper amount from one of the above options and **return the form to Mrs. Frunchak before December 18th, 2019.** Students will be required to attend a **mandatory** lunch time safety meeting before ski club commences.

321 Lindsay Avenue Red Deer, AB T4R 3M1

Phone: 403-314-1449 Fax: 403-314-3210

sifrancisschool.ca

As you have probably noticed there are guidelines developed by the School Board to meet the needs of students taking part in physical activities and field trips. Every member for such a club that carries out its activities normally must strictly follow the new School Board rules that have been added. (The changes have been noted in bold above and are listed below)

The activity includes, at a minimum, one mandatory lesson at their own ability at the beginning of each day on a ski hill. (Ski and Snowboarding, art. 1,c).

A minimum supervision ratio is one adult to 10 students, including at least one adult supervisor in the ski lodge (Ski and Snowboarding, art. 6).

All participants in skiing and snowboarding activities (including supervisors) must wear a C.S.A. approved helmet. (You can rent one from Canyon Resort for \$5.00)

THE TERRAIN PARK IS OFF LIMITS TO ALL SKI AND SNOWBOARD PARTICIPANTS



St. Francis of Assisi Middle School

St. Francis Ski/Snowboard Permission Form

Your consent must be given in order for your child to participate in the field trip as outlined on the attached information letter. Please make sure this form is filled out completely prior to returning

Your signed consent will:

- Authorize your child's participation in the field trip.
- Indicate that you have been fully informed about the field trip.
- Accept responsibility for payment of any costs involved in this trip.

Students: I have read the new rules and regulations that must be applied to the St. Francis of Assisi Ski Club/Snowboard and I fully understand that if I don't follow these rules I WILL be excluded from the Ski Club/Snowboard activities for the remainder of the year.

Student Name: _____ Student Signature: _____ Grade: _____

Parents: Please indicate whether you wish to allow your student to participate in the St. Francis Ski/Snowboard Club by checking the statement below and signing your name.

_____ I grant permission for my student to participate in the *St. Francis Ski/Snowboard Club*

We are aware that the Terrain Park is off-limits and Attendance at lessons is MANDATORY.

Signature: Parent/Guardian

Printed: Parent/Guardian Name

EMERGENCY CONTACT

Name/Relationship

Phone Number (day time and cell phone)

Student's Alberta Health Care Number _____

Special conditions that supervisors should be aware of:

Volunteer

If you would like to chaperone, please provide your name and phone number.

_____ Yes, I would like to volunteer;

please contact me _____
(Name, phone number & email)

_____ Yes, I can provide a truck for transportation of ski equipment.

(Name, Phone number & email)

Note to Participants (and legal guardians if under 18 yrs of age)
Please Read Carefully!

This form must be completed and signed and is required for all participants who wish to participate in this outdoor recreation and ski/snowboard education program. In this agreement, the term "skiing" shall include "snowboarding" and "telemark skiing" and "snow tubing" and "we" shall refer to "participant and his/her parent(s)".

ASSUMPTION OF RISK

We are aware that skiing involves many risks, dangers and hazards and we assume all risk of personal injury, death or property loss resulting from any cause whatsoever including but not limited to the inherent risks of skiing, the use of ski lifts, collision with natural or man-made objects or other skiers, travel within or beyond the ski area boundaries, or negligence, breach of contract, or breach of statutory duty of care on the part of Canyon Ski Resort & Recreation Area Ltd. and its staff. We agree that Canyon Ski Resort & Recreation Area Ltd. and its employees and agents shall not be liable for any such personal injury, death or property loss and release Canyon Ski Resort & Recreation Area Ltd. and its employees and agents and waive all claims with respect thereto.

Participant's Initials _____

Parent's Initials (if under 18yrs of age) _____

EQUIPMENT

Canyon Ski Resort & Recreation Area Ltd. provides rental equipment. Bindings on equipment reduce the risk of injury when falling. They will not release under all circumstances and they do not guarantee safety in all cases.

ALPINE RESPONSIBILITY CODE

Canyon Ski Resort & Recreation Area Ltd. requires you know and obey the ALPINE RESPONSIBILITY CODE. Skiers must always SKI UNDER CONTROL AND BE ABLE TO STOP TO AVOID COLLISION WITH OTHER SKIERS OR OBJECTS. Canyon Ski Resort & Recreation Area Ltd. enforces leashes (as per step 6 of the Alpine Responsibility Code). Leashes are mandatory on ALL snowboards and the lift operator will check this before every use of lift. If a group member does not have a leash, they can be purchased at our resort for \$5.25. Leashes are included with snowboard rentals.

ACKNOWLEDGMENT

My participating child and I understand these warnings and we have identified my child's ski/snowboard classification as (check one only):

- Never Ever -** Non-Skier/Non-Snowboarder First time or less than 5 times trying skiing/snowboarding.
- Beginner - #1** Ski/Snowboard conservatively. Prefer slow speeds. Prefer easy, beginner slopes. Favor lower than average release/retention settings.
- Intermediate - #2** Ski/Snowboard moderately. Prefer a variety of speeds. Ride on a varied terrain, including Intermediate trails, must be able to ride triple chair.
- Expert - #3** Ski/Snowboard aggressively. Normally ski at higher speed. Prefer steeper and more challenging terrain. Favor higher than average release/retention settings. Can ride all runs.

Student/Participant Name: _____

Skiing: _____ Snowboarding: _____ Height: _____ ft. inches Weight: _____ lbs

Ability Level (see chart above): _____ Shoe Size: _____ Age: _____

Parent/Contact Name: _____ Emergency Contact #: _____

Please Print:

Participant: I have read and agree to adhere to all Canyon Ski Resort & Recreation Area Ltd. policies, the Alpine Responsibility Code, and the Assumption of Risk.

I give my child: _____ (name of participant) permission to participate in a Ski and Snowboard Program at Canyon Ski Resort and Recreation Area Ltd.

Participant Signature: _____ Date: _____

Parent Legal Guardian Signature (if under 18 years of age): _____

